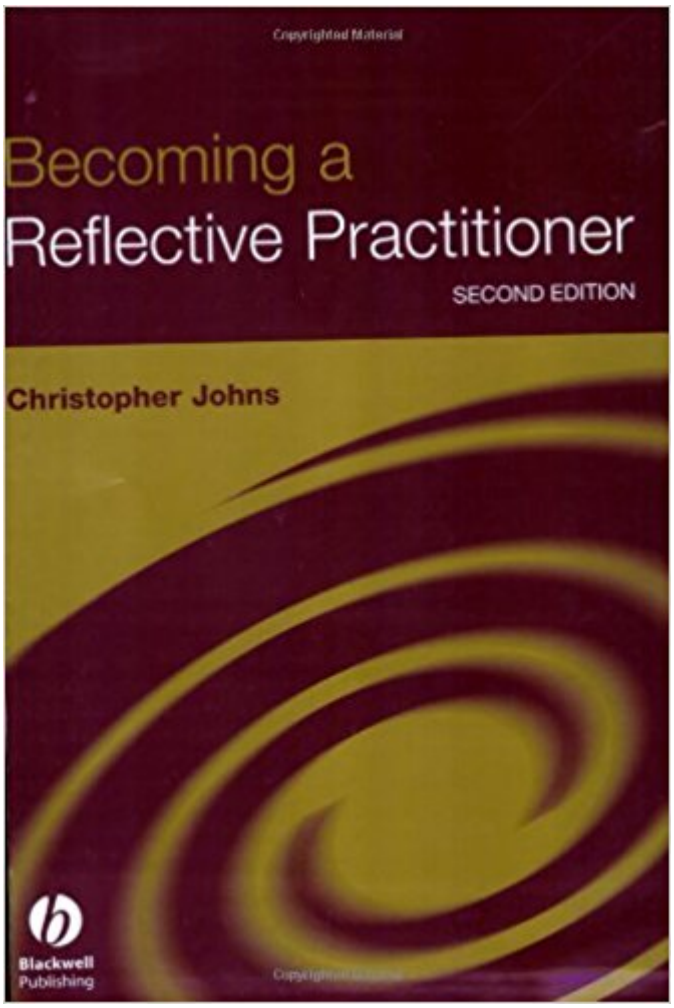
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# Becoming A Reflective Practitioner: A Reflective And Holistic Approach To Clinical Nursing, Practice Develment And Clinical Supervision




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## Synopsis

Becoming a Reflective Practitioner is a practical guide to using reflection in every day clinical practice. It explores the author's own model for structured reflection and includes accounts of everyday practice to guide the reader through the stages of reflective practice in the context of the caring relationship. The second edition gives greater attention to the idea of 'desirable practice' and further develops particular aspects e.g. assertiveness and conflict management. It adopts a simpler approach to the reflective cycle and includes a new chapter on evaluation of clinical supervision, leadership and quality management. Reflective practice is acknowledged as an effective approach to developing nursing care which evolves as the practitioner develops his or her own practice. This book will therefore be of interest to all nurses involved in developing their clinical practice.

## Book Information

Paperback: 304 pages

Publisher: Wiley-Blackwell; 2 edition (August 26, 2008)

Language: English

ISBN-10: 1405118334

ISBN-13: 978-1405118330

Product Dimensions: 6.8 x 0.6 x 9.6 inches

Shipping Weight: 1.4 pounds

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Best Sellers Rank: #596,129 in Books (See Top 100 in Books) #36 inÃ Â Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Holistic Medicine #211 inÃ Â Books > Textbooks > Medicine & Health Sciences > Nursing > Issues #327 inÃ Â Books > Medical Books > Nursing > Issues, Trends & Roles

## Customer Reviews

'Christopher Johns is an internationally recognised pioneer of reflective practice in nursing and health care. The first edition of this book was an excellent resource and this updated version is equally impressive. This is a superb resource for nurse and all those eager to enhance their knowledge and skills in reflective practice. It is well presented, user-friendly and stimulating.' Nursing Standard From reviews of the first edition "Johns has given nurses the means to make reflection much easier so that it can become an everyday part of their professional life. It is a useful source of reference that should be recommended to anyone, not just nurses, wishing to develop their knowledge and skills in reflection." Journal of Nursing Management "The author of this text is

among the leading proponents of reflective theory. It is a very well written book that takes the reader through the process of successful reflection. It uses practical examples to highlight the key issues for health care practitioners."  Nursing Times

Becoming a Reflective Practitioner is a practical guide to using reflection in everyday clinical practice. The second edition is structured in three parts to make it even more accessible, with a new introduction and simpler approach to the reflective cycle. It gives greater attention to the idea of "desirable practice" and further develops particular aspects of practice such as assertiveness and conflict management.

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